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# Usher syndrome: diagnostic approach, differential diagnoses and proposal of an updated function-based genetic classification

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**Abstract:** Usher syndrome (USH) manifests with congenital and apparently isolated hearing loss, followed by retinal degeneration in later life. Therefore, and because of its high prevalence in the congenitally hearing-impaired population, USH is one of the most relevant deafness syndromes. Next-generation sequencing (NGS)-based testing can now provide most analyzed USH patients with a molecular diagnosis, based on mutations in 11 genes. Given the availability of several excellent articles on the clinical and biochemical basis of USH, this short review focuses on critical assessment of new genes announced as USH genes, clinical and genetic differential diagnoses and therapeutic developments. Because obsolete loci, disproved USH genes and the inclusion of genes whose mutations cause similar phenotypes have increasingly blurred genetic classification, a revision based on phenotype restricted to genes related to the Usher protein complex is proposed.

**Keywords:** Usher syndrome, retinitis pigmentosa, retinal degeneration, deafness, hearing loss

## Genetics and phenotypes of USH

Usher syndrome (USH) is an autosomal recessive trait currently known to result from mutations in 11 genes. The USH gene loci have numeric and alphabetic designations according to the clinical subtype and the order of their initial descriptions (e. g. *USH1B* for the *MYO7A* locus). USH is the underlying diagnosis in approximately 11 % of children with bilateral hearing impairment (often comprehensively termed “deafness”), with a population prevalence of about 1/6000 [1]. Allelic disorders linked to USH gene loci are non-syndromic deafness and (mostly *USH2A*-related) non-syndromic retinitis pigmentosa (RP) (and pituitary adenomas, a rather unexpected expression of certain monoal-

lelic *CDH23* mutations [2]) (Table 1). USH is characterized by very early – usually congenital – sensorineural hearing loss that may be accompanied by vestibular impairment in USH types 1 and 3 (see below). USH initially manifests as non-syndromic hearing loss. The importance of the USH proteins for retinal photoreceptor cells’ function and maintenance is reflected by RP manifesting later in the course of the disorder, with night blindness as the first symptom, followed by progressive concentric constriction of the visual field, ending up as tunnel vision and leaving cone-derived central vision often unaffected. The clinical classification comprises three types, USH1–USH3:

**USH1:** This is the most severe subtype with profound congenital hearing loss that usually requires cochlear implants (CI), and onset of RP already in the first decade. Vestibular impairment is common, often reflected by delayed achievement of motor milestones – a possible first hint for USH in deaf infants.

**USH2:** This is the most common (two-thirds of the cases) and mildest clinical subtype. Hearing loss is congenital, stable or slowly progressive and usually does not require CI. RP is diagnosed in puberty or in the early twenties in most cases. There is no vestibular impairment.

**USH3:** This subtype is very rare in Central Europe, but common in some founder populations (Finland, Québec, Louisiana). Hearing loss is congenital and progressive and may finally require CI supply. Vestibular impairment may occur. Clinical expression of mutations in the *USH3* gene, *CLRN1*, is clinically quite variable and may present with a severe course indistinguishable from USH1.

**Atypical USH:** Clinical manifestations differing from the above subtypes have been described in patients with pathogenic biallelic variants in USH genes. Atypical USH applies to courses with late onset of either hearing loss or RP, or to unusually severe or mild expression of USH2 and USH1 gene mutations, respectively. The atypical manifestation of USH may be due to different (hypothetical) reasons:

- Atypical USH mutations and genes: Particular mutations and genes are preferentially associated with atypical(ly mild) USH, e. g., the repeatedly reported p.(Asp458Val) variant in *USH1G* [9, 11], and *USH1G* mutations in general appear to have a tendency to

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**Table 1:** The Usher syndrome genes, defined as genes whose mutations cause simultaneous RP and sensorineural deafness and whose gene products interact within the “USH protein complex.”

Gene locus	Gene	% of subtype	Protein (function)	Monogenic allelic disorders			
				Deafness		RP	Other
				ARNSHL	ADNSHL		
<i>USH1B</i>	<i>MYO7A</i>	60–70	Myosin-7a (motor protein)	<i>DFNB2</i>	<i>DFNA11</i>	—	—
<i>USH1C</i>	<i>USH1C</i>	7–10	USH1C/Harmonin (scaffold protein)	<i>DFNB18</i>	Yes [3]	—	—
<i>USH1D</i>	<i>CDH23</i>	13–16	Cadherin-23 (cell adhesion)	<i>DFNB12</i>	—	—	Pituitary adenomas (a. d.) [2]
<i>USH1F</i>	<i>PCDH15</i>	5–8	Protocadherin-15 (cell adhesion)	<i>DFNB23</i>	—	—	—
<i>USH1G</i>	<i>USH1G</i>	2–3	USH1G/SANS (scaffold protein)	Yes [4]	—	—	—
<i>USH1M</i> [5]	<i>ESPN</i>	<1	Espin (actin-bundling)	<i>DFNB36</i>	Yes [6]	—	—
<i>USH2A</i>	<i>USH2A</i>	≥90	USH2A/Usherin (cell adhesion)	Yes [7]	—	—	—
<i>USH2C</i>	<i>ADGRV1</i>	5–8	Adhesion G protein-coupled receptor V1 (cell-surface calcium-binding GPCR)	—	—	Yes [8]	—
<i>USH2D</i>	<i>WHRN</i>	<1	Cask-interacting protein 98, whirlin (scaffold protein)	<i>DFNB31</i>	—	—	—
<i>USH3A</i>	<i>CLRN1</i>	Region-dependent	Clarín-1 (hair bundle protein, function largely unknown)	—	—	<i>RP61</i>	—
Digenic USH2	<i>USH2C-PDZD7</i>	<1	ADGRV1 and PDZ domain-containing 7 (scaffold protein)	<i>DFNB57</i>	—	—	—

RP, retinitis pigmentosa. Indicated prevalences of mutations in a gene for clinical subtypes are approximate values, deduced from large NGS studies [9, 10], and do not take into account the predominant role of the otherwise rare genes *CLRN1* (*USH3A*) and *USH1C* in populations like those in Finland, Louisiana or Québec.

ARNSHL, autosomal recessive non-syndromic hearing loss.

ADNSHL, autosomal dominant non-syndromic hearing loss.

RP, retinitis pigmentosa.

a. d., autosomal dominant.

GPCR, G protein-coupled receptor. References are given for less known allelic disorders that have no locus names yet, for alleles which are underrepresented in reviews on USH genes and for *USH1M*, a recently described USH locus.

manifest as atypical USH: Four individuals with a homozygous frameshift mutation have been described with unexpectedly mild USH2-like phenotype [12] – while other patients with such *USH1G* mutations express USH1 [9]. A modification of the phenotype by genetic or epigenetic factors could account for this *USH1G* phenomenon (see next paragraph).

- Modifiers: We have reported two sisters with biallelic *USH2A* mutations and divergent phenotypes. The assumption that the atypically severe retinal phenotype in one of them is due to heterozygosity for a frameshift mutation in *PDZD7*, encoding a member of the USH protein complex, was supported by experimental animal data [13]. Little else is currently known about the identity of genetic modifiers of USH.
- Borderline mutations: In our diagnostic cohort, a female patient with compound-heterozygous *MYO7A* mutations (c.287C>T (p.(Thr96Met)) and c.1189G>A (p.(Ala397Thr))) had early progressive hearing loss, but late onset of vestibular impairment (30 years) and night blindness (33 years). Both mutations had

previously been reported in conjunction with autosomal recessive non-syndromic hearing loss (ARNSHL) and USH [14, 15]. They could be “too weak” to cause USH1B, with late manifestation of symptoms beyond non-syndromic DFNB2.

- Age-dependent penetrance: *USH2A* mutations cause either USH2 or non-syndromic RP, RP25 [16]. Analyses of *Ush2a*-null mice indicate that the USH2A protein is required for maintenance of retinal photoreceptors and normal development of cochlear hair cells [17]. An RP patient from our clinic with heterozygosity for *USH2A* variants c.908G>A (p.(Arg303His)) and c.6223T>C (p.(Trp2075Arg)) was diagnosed with bilateral sensorineural hearing loss affecting the high frequencies, requiring hearing aids, at the age of 64 years. Family history for hearing impairment was negative, and no mutations were found in deafness genes. Her *USH2A* mutations may be primarily RP mutations that – in contrast to full USH2 mutations and the biallelic gene inactivation in the mouse model [17] – affect maintenance of hair cells after a lifetime exposure

**Table 2:** Additional gene loci proposed for Usher syndrome based on genes functionally unrelated to the originary Usher genes.

Gene	Disease	Assigned Usher syndrome type	Pathomechanism, protein	Distinctive symptoms
<i>HARS1</i>	CMT2W (a. d.)	“USH3B”	Histidyl-tRNA synthetase	Visual hallucinations, psychosis
<i>ARSG</i>	Neuronal ceroid lipofuscinosis (NCL) in dogs, MPS IIIIE (with retinal degeneration) in mice	“USH4” (atypical Usher syndrome)	Arylsulfatase G	Macular involvement, late onset of HL (>40 years)

MPS, mucopolysaccharidosis.

HL, hearing loss.

a. d., autosomal dominant.

to environmental influences (including noise), causing late transition to dual sensory impairment. A similar phenotypic constellation has been described in patients from two Yemenite Jewish families with a homozygous founder frameshift mutation in an alternative *USH1C* exon and late-onset hearing loss [18].

## Proposal of a strict genetic classification based on phenotype and protein function

Over the recent years, additional loci and genes have been proposed as USH-associated, with different levels of evidence. To avoid further blurring of the USH gene nomenclature, I propose an update of the list of USH genes and loci, following strict criteria for inclusion and exclusion:

### Inclusion:

- *USH protein network members*: The products of the originary USH genes interact within large multiprotein complexes with important functions in cochlear hair cells and retinal photoreceptor cells [19–21]. Consequently, *USH1M*, a recently proposed novel locus linked to biallelic *ESPN* mutations causing an USH1 phenotype with vestibular impairment, should be contained in USH gene lists claiming up-to-dateness [5].

### Exclusion:

- Removal of obsolete loci: *USH1A*, *USH1E*, *USH1H*, *USH1K*, and *USH2B* have either been retracted as USH loci or have not been proven to contain USH genes. They should be removed from the USH genetics nomenclature.
- Removal of questionable genes: *HARS1* has been proposed as a novel USH3 gene in a single family (*USH3B*,

OMIM #614504) [22]. Because of additional homozygous variants in the index patient, additional symptoms and the high frequency of the mutant allele in the Amish population, there is limited evidence that this is really an USH gene (Table 2). *CIB2* mutations are a regionally highly prevalent cause of ARNSHL, but probably do not cause USH1 (*USH1J*, OMIM #614869) [23].

- No introduction of novel clinical USH subtypes: While the causality of the homozygous founder missense variant c.133G>T (p.(Asp45Tyr)) in arylsulfatase G (*ARSG*) for retinal degeneration and hearing loss in the reported families is plausible, the phenotype does not fit the subtypes USH1–3 [24]. Creation of a novel clinical subtype, USH4 (OMIM #618144), for a protein that in addition is probably functionally unrelated to the known USH proteins, does not seem appropriate (Table 2).

## Molecular diagnostics in Usher syndrome

NGS has dramatically increased the diagnostic yield for patients with USH. Among the many genetically heterogeneous disorders, USH is an outstanding example that demonstrates how NGS has revolutionized genetic diagnostics: Today, almost every USH patient can get a genetic diagnosis (provided the health insurance covers the costs), with detection rates of around or above 90 % reported in comprehensive NGS studies [9, 10, 25] (Table 1). In contrast to non-syndromic RP or deafness, with probably many more rare genes to be discovered that account for the  $\geq 30\%$  of cases that remain mutation-negative after comprehensive NGS panel analysis, the genes for USH have essentially been found. If more USH genes should be found, their mutations would account for a very small fraction of patients only. The subsequent paragraphs thus

address possible reasons why no mutations are found in some patients with apparent USH despite NGS of the known USH genes (Table 1), falling into two groups – in the order of likelihood (personal assumption):

1. The true diagnosis is not USH.
2. One or both mutations in an USH gene have escaped detection (misinterpretation, quality issues, deep intronic mutations).

Awareness of such alternative explanations may help to fill those diagnostic gaps.

## Dead angles: “Difficult” mutations in USH genes

Copy number variations (CNVs) affecting one or several exons contribute significantly to USH [9, 10]. They represent a diagnostic challenge, but – due to improved bioinformatics for quantitative readout of NGS data – to a lesser extent than some years ago.

Several deep-intronic mutations have been identified in USH patients [26–28]. For *USH2A*, Roux and coworkers have established an approach comprising genomic sequencing (including the introns), bioinformatic analysis focused on effects like pseudo-exon formation and subsequent minigene analysis to evaluate the variants’ effects on splicing. While genomic sequencing of the USH genes (at least of those associated with the majority of cases: *USH2A*, *MYO7A* and *CDH23*) is manageable for specialized diagnostic institutions, analysis of the effect on splicing (either on RNA from blood or tissue or by a minigene assay) is beyond the scope of most labs and not covered by reimbursements provided by the health insurances. RNAseq represents an attractive NGS application that could help to uncover USH gene variants that impact splicing or gene expression [29, 30]. While it is relatively unlikely that both alleles carry “hidden mutations” (CNVs, deep-intronic) in patients with unrelated parents, this has to be taken into account in offspring from consanguineous partners because one such variant segregating in the family is sufficient [26].

## False mutations

Truncating variants in the *USH1F* gene, *PCDH15*, which affect the cytoplasmic domain of the protein, may be tolerated, possibly due to several alternate cytoplasmic do-

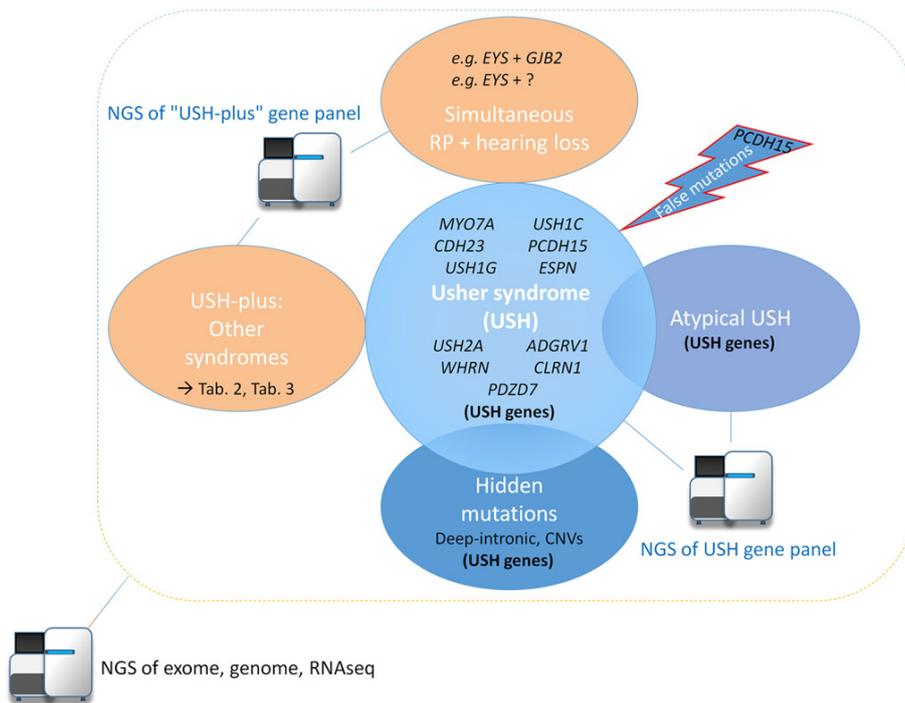
main exons and differentially spliced isoforms of redundant function [31]. A similar phenomenon is known for two other genes associated with both isolated and syndromic retinopathy, *RPI* and *AHII* [32–34]. The awareness that truncating variants in non-disease-related – “dispensable” – gene regions can be disregarded is crucial to avoid diagnostic pitfalls.

## Other conditions mimicking USH

If bilateral hearing impairment and retinal degeneration are both present in a patient, USH is the likely, but not the only possible diagnosis. Detailed phenotyping, not only of the sensory deficits, and careful assessment of the medical and family history are important, but not always possible. The real condition may only be unmasked after comprehensive NGS analysis (“reverse phenotyping”).

*“Usher-plus” – probably another disease:* Symptoms beyond deaf-blindness may indicate other (genetic) diagnoses (Table 3, Figure 1). Rare abnormalities like enamel dysplasia, for example, should prompt analysis of peroxisome biogenesis disorder (PBD) genes from the Refsum syndrome/Zellweger disease spectrum [9, 35, 36]. NGS allows for testing of many more genes than the USH genes, and including genes whose mutations cause similar phenotypes may provide the diagnosis quickly in “pseudo-USH patients” – based on the initial NGS dataset (Figure 1). In patients with PBD gene mutations and phenotypes resembling USH (reported for biallelic mutations in *PEX1*, *PEX6* and *PEX26* so far), specific prophylactic measures can be taken. Such patients (who may in early childhood present with little else than deafness) should be monitored for hepatopathy, elevation of fatty acids and, of course, retinopathy: Such patients should avoid certain medications and hepatotoxic substances. In contrast to USH, patients with mild PBD may benefit from phytanic acid-restricted diet and extracorporeal lipid apheresis [37–39].

*Two diseases in one patient:* Simultaneous affliction with non-syndromic RP and deafness may mimic USH. Because RP and inherited deafness are both relatively “common” among the rare diseases, such co-occurrence does happen. Consanguineous partnerships are particularly prone to such constellations in the offspring [54], so they must be taken into account. Unless the non-syndromic phenotypes dissociate among siblings, detailed phenotyping especially of the retinal phenotype is the only other possibility to distinguish between USH and two diseases. We reported two families/patients initially referred to us



**Figure 1:** Usher syndrome, its differential diagnoses and the genetic methodology to uncover them.

as having Usher syndrome in whom we found simultaneous mutations in *DFNB59/MERTK* [55] and *OTOA/NR2E3* [9], respectively. Retrospectively, the patients in these families had retinopathies distinct from RP. Thus, clinical misclassification could have been avoided in the first place.

**RP with non-genetic hearing loss:** While RP can generally be considered a monogenic entity (except from atypical presentations, e. g., unilateral RP, likely representing phenocopies caused by non-genetic factors [56]), non-genetic factors contribute significantly to early hearing impairment: Congenital cytomegalovirus infections, for example, account for ~10% and 15–20% of congenital and childhood deafness, respectively [57, 58]. We have identified two splice site mutations in one of the most prevalent autosomal recessive non-syndromic RP genes, *EYS*, in a patient with additional hearing loss, but not his cause of deafness. This and similar patients with *EYS*-related RP and unexplained deafness [59] possibly reflect coincidence of non-syndromic RP and acquired deafness.

## Therapy

Hearing deficits can be treated by hearing aids or, in USH1 and USH3, by CI (that said, the development of cochlear gene therapy approaches has made remarkable progress

in the recent years [60]). USH-related retinal degeneration represents the main problem because no curative therapy is currently available. However, development of several therapeutic strategies is underway in different places [61]. For any therapy aimed at preventing retinal degeneration in USH, patients must be identified early and before widespread irreversible photoreceptor loss has occurred. From this point of view, the congenital hearing loss in USH represents a potential advantage: While non-syndromic RP is usually diagnosed only at an advanced stage, consequent comprehensive NGS-based diagnostics can easily identify the  $\geq 10\%$  with USH gene mutations among the congenitally hearing-impaired children many years before the onset of RP. Every newborn with unexplained congenital bilateral sensorineural deafness should hence receive NGS testing; unfortunately, the reality is currently far from that, and constant efforts are necessary to make pediatricians and otorhinolaryngologists aware of this. USH patients could today almost entirely be identified before onset of retinal degeneration – when they would particularly benefit from gene therapy.

The subsequent examples for USH therapy strategies do not claim completeness but give insight into different approaches (for review, regarding both the hearing and the visual impairment, see reference [62]).

**Gene therapy:** The eye is easily accessible and immune-privileged and hence an ideal organ for gene

**Table 3:** Examples of gene loci associated with phenotypes that may resemble Usher syndrome.

Gene	Disease	Similar to/reported as	Pathomechanism, protein	Distinctive symptoms	References
<i>PEX1</i>	Heimler syndrome	USH1	Peroxisome biogenesis disorder	Enamel dysplasia, nail abnormalities	[35]
<i>PEX6</i>	Heimler syndrome	USH1	Peroxisome biogenesis disorder	Microcephaly, ID, enamel dysplasia, nail abnormalities	[35, 36]
<i>PEX26</i>	Heimler syndrome	USH1	Peroxisome biogenesis disorder	Enamel dysplasia, hepatopathy, retinitis punctata albescens with macular involvement	[9]
<i>ABHD12</i>	PHARC	USH3-like	ABHD12 hydrolyzes 2-arachidonoyl glycerol, an endocannabinoid lipid transmitter (acts on cannabinoid receptors CB1 and CB2)	Polyneuropathy, ataxia, cataract	[40]
<i>CEP78</i>	Cone-rod degeneration, sensorineural hearing loss	Atypical USH	Retinal ciliopathy	Cone photoreceptors primarily affected, postlingual onset of HL	[41–43]
<i>CEP250</i>	RP, non-syndromic or with HL; cone-rod dystrophy with hearing loss	Atypical USH	Retinal ciliopathy	May be hard to differentiate. Cone-rod dystrophy appears to be more common than RP	[44–46]
<i>EXOSC2</i>	Premature ageing syndrome	USH3-like	Core component of the RNA exosome	Premature ageing, short stature, ID, dysmorphism	[47]
<i>PLD4</i>	No other disease associations	Usher syndrome	Phospholipase, acid exonuclease, regulates endosomal nucleic-acid sensing	n. d.	[48]
<i>TUBB4B</i>	LCA, early HL	Syndromic LCA	Abnormal MT growth	LCA instead of RP	[49]
<i>RPGR</i>	X-linked RP (RP3)	RP and HL	Retinal ciliopathy	X-linked inheritance, retinal abnormalities in female carriers	[50]
<i>MTTS2</i>	RP, progressive HL	USH3-like	Mitochondrial disease	Subclinical muscle abnormalities, mitochondrial inheritance	[51]
<i>YARS1</i>	HL, retinal dystrophy	Atypical USH	tyrosyl-tRNA synthetase, critical for protein translation	May manifest as multisystem disorder with ID and growth delay, brain dysmyelination, microcephaly, agenesis of corpus callosum, liver and pancreatic disease, etc.	[52, 53]

RP, retinitis pigmentosa.

HL, hearing loss.

ID, intellectual disability.

LCA, Leber congenital amaurosis.

MT, microtubule.

PHARC, polyneuropathy, hearing loss, ataxia, retinitis pigmentosa and cataract.

therapy. Given the encouraging example of gene therapy for *RPE65*-associated recessively inherited retinal dystrophies, such gene replacement approaches probably represent realistic options for effective treatment of USH. The enormous size of most USH genes, including the most commonly mutated (encoded amino acid residues in USH2C: >6,000; USH2A: >5,000; USH1D: >3,000; USH1B: >2,000; USH1F: almost 2,000), is a major hurdle for packaging

into adeno-associated virus (AAV). The delivery of multiple AAV vectors each containing a fragment of the gene flanked by short split inteins resulting in trans-splicing and full-length protein is currently investigated as a potential method to overcome the oversize gene problem [63], while genome editing of DNA or RNA is pursued as an AAV-independent method [64, 65]. Successful gene therapy has been demonstrated in mouse models for USH1B

[66], USH1C [67] and USH3A [68]. Because retinal degeneration in USH mouse models is absent or does not correspond to the human RP phenotype, the readout for therapy in USH mouse models is the inner ear/cochlear function in most cases. An overall problematic issue for gene therapy is the existence of multiple isoforms for every USH gene, with limited current knowledge regarding the importance of every isoform for retinal function [61].

**Antisense oligonucleotides (ASOs):** ASOs are particularly useful for targeting mutations resulting in mis-splicing, and especially those contributing significantly to the mutational load. Both are the case for the c.216G>A<sub>USH1C</sub> mutation, the predominant disease-causing variant in USH1 patients from Louisiana and Québec, and ASO treatment of neonatal mice was able to rescue hearing and vestibular function [69]. For a recurrent deep-intronic *USH2A* mutation, ASO-mediated correction of impaired splicing was possible in patients' cells and in a minigene splice assay [70].

**Compounds:** Phenotypic high-throughput screening assays with medicinal chemistry identified BF844, a small molecule that stabilizes plasma membrane expression of p.(Asn48Lys) (N48K)-mutated *CLRN1* (USH3A) and thereby prevents its degradation [71]. The compound was able to attenuate progressive deafness in an N48K<sub>CLRN1</sub> mouse model. *CLRN1*<sub>N48K</sub> largely fails to reach its predestined localization in the cochlear hair bundle due to its aggregation in the endoplasmic reticulum. In another study, the small amount of mutant *CLRN1* that does reach the hair bundle was found to do so by an unconventional secretory pathway. This pathway could be activated by the antimalarial drug artemisinin, resulting in enhanced *CLRN1*<sub>N48K</sub> levels in hair cell bundles with rescued functions [72].

## Conclusions

In summary, there has been tremendous progress in research on the causes of USH, its biochemical basis, and different avenues towards therapy in patients who can be treated prior to the onset of RD. Paramount is the early identification of USH patients among the congenitally hearing-impaired children, and comprehensive genetic analysis must thus become routine after failed newborn hearing screening.

## Sources of information for patients and physicians

More information can be found on the websites of PRO RETINA (<https://www.pro-retina.de/netzhauterkrankungen/usher-syndrom>), Leben mit Usher-Syndrom e.V. (<https://www.leben-mit-usher.de>) and Usher Syndrome Coalition (<https://www.usher-syndrome.org>). The German Society of Human Genetics will provide information about institutes specialized in hereditary sensory disorders (diagnostics, genetic counseling and research), including USH, on their website (<https://www.gfhev.de>).

**Conflict of interest:** The author declares that he has no competing interests.

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